

TEAM FORMATION AND GRADING

Our objective is to create a unified approach to how teams are formed and where teams play to ensure the appropriate levels of play on game day. Our aim is to ensure all players are provided with quality experiences to enjoy the game and allow them time to develop.

We've introduced new guidelines, to bring consistency across Junior Football. Below is a summary of those guidelines.

More information can be found [here](#)



HOW TEAMS ARE FORMED

To ensure players can play with their friends and that the focus for players is enjoyment and development over winning, the following guidelines should be followed:

- No selection of any junior teams from U6-U10
- No selection of a single 'top team' for U11-U12
- No trials are held in any junior age groups



APPROPRIATE LEVEL OF PLAY

Teams should be continually regraded throughout the season to provide the appropriate ongoing challenge for all. This will help negate the possibility of lop-sided scores.



FAIR PLAYING TIME

All junior players should receive fair playing time during training and games, allowing all players fair opportunities during play.



ENJOYMENT

A focus on enjoyment and development over winning will encourage players to stay playing our game for longer. This focus will ultimately have a positive effect on player motivation, and physical and mental wellbeing.



A VARIETY OF SPORTS

Identifying, selecting and specialising players in a particular sport early can be detrimental to long term development. We recommend young people experience many different sports and physical activity.